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## Nesting instinct

If you're a home bird, be sure to visit Histon Handmade Christmas: a new recruit to the Cambridge gift fair circuit, it's set to be a trove of homeware treasure. Along with eminently gift-able books, prints, glass art and jewellery, you'll find metalwork clocks (Rebecca Stark); jaunty china (Amanda MacPhail); hand-woven basketry (Nadine Anderson); decorative cabinetry (Jeremy Nicholls); and exquisite embroidered cushions (Anna Osborne). Organised by jeweller Claire Howieson, who specialises in silver and semi-precious stones, the event will see a total of 15 artists and crafters show and sell their wares. Taking place at the village's St Andrew's Centre on Saturday, November 26, 12-8pm, we defy you to leave Histon Handmade without a sack of presents – including at least one for yourself.

- Visit [histonhandmade.com](http://histonhandmade.com) for more



# THE FAB

# 5

## Kissy kissy

Said to 'encapsulate the essence of festive flirtation' and 'kiss the air with its warming heart', Mistletoe is the latest Christmas home scent to arrive at The White Company. Combining notes of fresh spruce, woody cedar, rich amber and sweet muguet (that's lily of the valley, FYI), it's sweet without being sickly; cosy without being cloying. Pucker up.

- 210g jar candle, 45-hour burn, £34, at The White Company, Grand Arcade, Cambridge



# 20

questions

**Emily Scialom, 32, lives in Cambridge and is the author of *The Religion of Self-Enlightenment*, available from Amazon or Olympia Publishers for £6.99.**



- 1: If I wasn't doing this I would have been . . .** a rock star. I began as a poet which tiptoed into forming a band during my university years of 2004-2007. I would love to continue to perform songs – three of my compositions are featured in Cambridge 105's podcast for their most recent celebration of local musicians and creative types looking to make it on the bigger stages of life.
- 2: I wish I could have dinner with . . .** Kevin Costner with him dressed as John Dunbar aka Shoo Mani Tootunka Ohwache (*Dances With Wolves*)!
- 3: My celebrity crush is . . .** Noel Gallagher. His most recent album's an absolutely staggering musical tour-de-force yet no one appreciates it. That's the perfect combination: brilliance and neglect. I find it magnetic for some reason!
- 4: In a film of my life, the theme tune would be . . .** *Pyramid Song*, Radiohead.
- 5: Something I say far too often is . . .** Peace.
- 6: A cause worth fighting for is . . .** Peace
- 7: Something I find attractive in people is . . .** an irrepressible aptitude for poetry and literary creativity.
- 8: The best thing about my job is . . .** the sense of enlightenment and peace.
- 9: I always cry when I watch . . .** my life's work being received with the same passion that it was produced to invoke in people.
- 10: A book I've read more than once is . . .** *Conversations With God* by Neale Donald Walsch. It's an absolutely startling achievement.
- 11: I'm looking forward to . . .** heaven. Jimi Hendrix's 'live' tune when I get there will be my oxygen, proverbially speaking.
- 12: My karaoke track would be . . .** *Everything I Do (I Do It For You)*, Bryan Adams.
- 13: If I could take just one possession to a desert island it would be . . .** My book, perhaps?
- 14: If I could go back in time and see an event I would choose . . .** I just saw The Beatles film and to see them at Shea Stadium would be startling.
- 15: I will never forget the day that . . .** I saw Liverpool win 4-2 against Everton at Anfield.
- 16: My favorite subject at school was . . .** PE. I love sports: football, running, throwing things.
- 17: The thing I'm most proud of is . . .** My book. Which is available now on Amazon and recently, Barnes and Noble!
- 18: My favorite toy as a child was . . .** Barbie after giving her a Mohawk and marrying her to Ken.
- 19: My father taught me . . .** the beauty of John Lennon and Yoko Ono's first album.
- 20: The worst thing about getting older is . . .** having to worry about my heart failure when I go to sleep at the end of the day. Or becoming wise.

## Happy birthday



We'd like to wish Pint Shop, the brilliant beer house on Cambridge's Peas Hill, a belated happy birthday: it's just turned three. To mark the occasion, the team has created an all-stops-pulled-out Christmas menu, including this four-course feast: hot Scotch egg appetiser, crispy duck pancake and gin-cured trout starters, spit-roast beef main course, and chocolate and clementine gâteau pud. \*drools\*

- The four-course festive menu costs £45 per head. Visit [pintshop.co.uk](http://pintshop.co.uk) for details.

## Class act

Barbara 'The Rocking Raw Chef' Fernandez (below) is a culinary wizard: her raw, vegan, gluten-free food is the culinary Holy Grail – delicious \*and\* good for you. Barbara, who traded a career as a rock singer to become a raw food chef, is sharing her secrets at a pair of workshops at Co in Cherry Hinton:

- **Pasta, Cheeses and Spiralisers**, Saturday, November 26, 10am-noon  
Make tricolour 'pasta' from spiralised seasonal veg – courgettes, carrots, beetroot and sweet potato – and top it with tomato-based sauce, a creamy 'cheese' sauce and Barbara's ingenious alternative to parmesan.
- **Healthy Holidays: Festive Roast**, Saturday, December 17, 10am-noon  
Create a full Christmas Day 'roast' with all the trimmings – light nut loaf, parsnip mash, mushroom gravy, cranberry orange relish – and wash it down with a glass of sin-free mulled wine or nut nog.
- To book call Co on (01223) 778080 or visit [cofifteen.co.uk](http://cofifteen.co.uk). For more information see [rockingrawchef.com](http://rockingrawchef.com)

## Let's party

You've got to hand it to Bobbi Brown: the make-up mogul is far more than a pretty face. Just in time for party season, she's released this natty little pouch, containing all the kit required to stay camera-ready round the clock: Opal Glow Highlighting Powder (for a touch of sparkle), Eye Opening Mascara (for perky peepers), Party Alice Lip Color and a mini Crystal Glitter Lip Gloss (for the perfect pout). Every handbag should have one.

- £75 at Bobbi Brown, John Lewis, Cambridge.



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